

Here is the news all of you been waiting for! The "Pickling Session" by the Pickleball Social Committee (PBSC) has been concluded – lots of hard work went into it as shown in the picture below!



As per Psychology Today:

Socializing can provide a number of benefits to your physical and mental health and connecting with friends may also boost your brain health and lower your risk of dementia!

So, folks...! Here it is, our First Social Outing will be on:

Thursday Oct 4th, at Sailor Hagar's Brew Pub, 6 - 8 pm

(86 Semisch Ave, North Van, <http://sailorhagarspub.com/>)



We hope you and your better halves will be able to join us for some fun!

It is critical that you respond so we have some idea of the number of attendees and therefore, to indicate whether or not you will be joining us (alone or with your partner) by clicking on the link below:

<https://www.surveymonkey.com/r/JZ5DRZQ>

MARK YOUR CALENDARS: PBSC has plans to have these social outings monthly. The next outing will be on:

- Wednesday November 07, 6 - 8 pm at the Deep Cove Brewery, North Van (2270 Dollarton Hwy #170, North Van, <https://deepcovecraft.com/>)

FYI: Drinks will be billed individually and typical large group 18% gratuity will be added (by the server) to the bills. As food cannot be individually billed, \$10 per person will be collected at the door for appetizers.

HOPE TO SEE YOU ALL ON OCT 04 AT OUR VERY FIRST SOCIAL OUTING!

Your Social Committee:

Anne Watson, Linda Stojcic, Estha Murenbeeld,

Ronald Precious and Shashi Shrivastava

